

Capt. Gregory P. Sherwood
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Objective

Keelboat instructor, all levels. Also available for private instruction and clinics aboard my own yacht as well as charters, daysails and delivery services.

Summary

Received USCG 50-ton Masters License in June 2004

Owner/operator of 'Imi Loa, Catalina 34 #582 berthed at South Beach Harbor, San Francisco since 1996. Have sailed extensively on San Francisco, San Pablo and Monterey Bays both recreationally and as an instructor.

Have completed three Doublehanded Farallones races in 1998, 2000 and 2002.

Have skippered yachts in two Antigua Sailing Week events in 1999 and 2000, the Heineken Regatta in 2004 and was helmsman in the 2004 St. Francis/Rolex Big Boat Series. Also cruised the Leeward Islands in 2001 and St. Vincent and the Grenadines in 2005.

Employment: Mar 2000 – June 2002, Keelboat Instructor, Club Nautique, Alameda
Mar 2003 – Present, Keelboat Instructor, Spinnaker Sailing, Redwood City

Instructor Certifications:

- ASA Coastal Navigation – 3/03
- ASA Bareboat Chartering – 3/03
- ASA Basic Coastal Cruising – 3/03
- ASA Basic Keelboat – 3/02

Student Certifications:

- ASA Coastal Navigation – 3/03
- ASA Bareboat Chartering – 3/03
- ASA Basic Coastal Cruising – 3/02
- ASA Basic Keelboat – 3/02
- US Sailing Coastal Navigation – 9/99
- US Sailing Bareboat Cruising – 5/98
- US Sailing Basic Cruising – 3/97
- US Sailing Basic Keelboat – 3/97

Associations: 2005 Commodore, South Beach Yacht Club
2000-2004 Fleet Captain, Catalina 34 Fleet One, San Francisco Bay
Founder and Director, Ames Sailing Club
Past Director, Pacific Inter-Club Yacht Association

Other:

- American Red Cross Standard First Aid & Adult CPR